

HIGHFIELD PRIMARY SCHOOL

PHYSICAL EDUCATION POLICY

Reviewed in May 2014.

Our PE Vision

To promote lifelong values in health and physical activity by providing enjoyable opportunities for all young people to participate in quality curriculum PE and school sport, whilst improving their self confidence therefore allowing them to achieve their potential in all aspects of school and community life.

Aims and objectives

- To provide, irrespective of age, ability, race or gender, opportunities for participation enjoyment and success.
- To inspire all pupils to succeed and excel in competitive sports and other physically demanding activities.
- To develop co-ordination, skill and fitness through a range of physical activities.
- To implement the P.E National Curriculum and encourage competitive sport:
- To develop competence to excel in a broad range of physical activities.
- To be physically active for sustained periods of time
- To engage in competitive sports and activities
- To lead healthy, active lives.

Entitlement & Progression

At Highfield Primary School we aim to provide all of our pupils with at least 2 hours of high quality PE, sport and physical activity each week. Each class has a timetabled indoor and outdoor session. In Year 4 all children have a weekly swimming lesson at a local swimming pool alongside another timetabled PE lesson in school.

PE coordinators will map out the long term plan ensuring a breadth of activity areas and skills. Where possible units of work will feed into inter school competitions and festivals. Staff will follow the long term plan and are responsible for planning and delivering their own PE lessons based on the school adopted schemes of work, Real PE – Create and Val Sabin.

Out of School Hours Learning

The school also runs a wide variety of afterschool sports clubs, some of which are led by teachers and coaches from local clubs. These include football, gymnastics, netball, dance, basketball, Tae Kwando.

Safe Practice

All staff should be familiar with the Safe Practice in Physical Education & Sport (published by afPE, kept in the staff room) which provides guidance on every aspect of PE & sport.

All staff and children must wear appropriate clothing for PE

Pupils PE kit is recommended as follows:

Indoor – white T –shirt, green or black shorts, black pumps

Outdoor – T –shirt, jogging bottoms, trainers

Children will have bare feet for gymnastic activities, wear pumps for dance and trainers for games.

Spare kit will be provided if children don't have their own in school.

All jewellery needs to be removed. Religious jewellery and earrings must be secured/covered with medical tape if they can not be removed. Long hair must be tied back and plasters are to be used over verucas. From year 5 onwards girls and boys have separate changing facilities. Teachers and teaching assistants must be dressed appropriately in order for them to be able to support children in PE. Staff should wear trousers or leggings with trainers/bare feet. All necklaces/bracelets & scarves should be removed.

Pupils must be taught how to take out and put away apparatus safely from an early age.

- apparatus should not be dragged across the floor
- benches, boxes, tables & beams should be carried by at least four pupils
- mats should be carried by at least four pupils in KS1 and 2 pupils in KS2.

Pupils must be taught how to lift and carry equipment from an early age. Correct technique and safe procedures must be demonstrated continuously as appropriate.

- lifting- using a straight back and bent knees
- carrying- pupils must look in the direction they intend to travel and must also be specifically reminded to be aware of others around them.

Inclusion

The Physical Education curriculum is an entitlement for all pupils. All pupils will be given opportunity to fulfill their potential within PE regardless of ethnicity, culture, class, gender or special needs (ability or disability).

There may be individuals who need specific IEP's as regards PE because of the nature of their special needs and whenever this is the case a programme will be drawn up with consultation between the SEN coordinator, PE coordinator, class teacher and any outside agencies the SEN suggests are appropriate.

All pupils must take part in all PE lessons in accordance with their timetable. This includes dance, games, gymnastics, athletics, swimming and outdoor activities. If a pupil does not take part in the lesson, teachers must note the reason given. Pupils may only be excused if an appropriate letter has been given, or a parent/carer has been seen. Persistent non-participation without good reason must be followed up. If a pupil is unable to take part in the PE lesson, they must be supervised and, where possible, be involved in the session in some way (e.g. support, referee, observe & comment on activities). Pupils must not be sat at the edge of the lesson. In the case of non participation of swimming children should, where possible take part in a PE lesson of another class to ensure they are still receiving their 2 hours of PE.

Equipment & Resources

Where possible most PE equipment and resources are kept in the store cupboard at the back of the hall. Staff are responsible for returning equipment to the cupboard. Some larger apparatus will be stored around the edges of the hall. Mats are stored on the trolley at the front of the hall. Apparatus is checked annually by Sports Safe.

Teaching Assistants

Where possible teaching assistants should be used to support the teaching and learning of PE. They should have a clear understanding of their role in the lesson and be made fully aware of safe practices in PE.