

 The red flag demarcates lessons which link directly to safeguarding

Whole school curriculum overview

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Mental health and emotional wellbeing MindMate- Feeling good and being me, friends and family, life changes, strong emotions, being the same and being different, solving problems. 	Mental health and emotional wellbeing MindMate- Feeling good and being me, friends and family, life changes, strong emotions, being the same and being different, solving problems. 	Mental health and emotional wellbeing MindMate- Feeling good and being me, friends and family, life changes, strong emotions, being the same and being different, solving problems. 	Mental health and emotional wellbeing MindMate- Feeling good and being me, friends and family, life changes, strong emotions, being the same and being different, solving problems. 	Mental health and emotional wellbeing MindMate- Feeling good and being me, friends and family, life changes, strong emotions, being the same and being different, solving problems. 	Mental health and emotional wellbeing MindMate- Feeling good and being me, friends and family, life changes, strong emotions, being the same and being different, solving problems. 
Autumn 2	Keeping safe and managing risk  How do we keep safe?	Keeping safe and managing risk  Road and fire safety How do we play safe indoors and outdoors?	Keeping safe and managing risk  What is bullying and how can it make people feel? What do we do if we witness bullying?	Keeping safe and managing risk  How do we play safe online? How do we keep safe near roads, water and around fireworks? 	Keeping safe and managing risk  How do we stay safe online? What do we do when things go wrong?	Keeping safe and managing risk  How do we stay safe out and about in the local area? What is peer pressure and how do we respond to it? 
Spring 1	Identity, society and equality Me and others Roles and responsibilities at home and school What makes ourselves and others special?	Sex and relationship education  Boys and girls, families What are the similarities and differences between people? 	Identity, society and equality What is the same and what is different between ourselves and others? What is a community?	Identity, society and equality What is democracy?	Identity, society and equality What is discrimination? What is stereotyping? How can prejudice and discrimination make people feel? 	Identity, society and equality What are human rights? What is homelessness?
Spring 2	Drug, alcohol and tobacco education  What do we put into and on to bodies? How can it make people feel? 	Drug, alcohol and tobacco education  Why are medicines taken? Where do medicines come from? How do we keep safe around medicines? 	Drug, alcohol and tobacco education What is tobacco? What are the effects of tobacco and second-hand smoke? What is asthma? 	Drug, alcohol and tobacco education  What are the effects and risks of drinking alcohol? Which drugs are common in everyday life and why do people choose them? 	Drug, alcohol and tobacco education  What are the risks associated with smoking drugs? How can others resist pressure from other about whether to use drugs? 	Drug, alcohol and tobacco education  Assessing risk What are the risks associated with using different drugs, including tobacco, nicotine, alcohol and other legal and illegal drugs? How can we

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						manage risk? R
Summer 1	Careers, financial capability and economic wellbeing What choices do people make when spending money? How do we save money and how do we keep it safe? What different jobs do people do?	Mental health and emotional wellbeing  How do we make friend and who can help with friendships?	Careers, financial capability and economic wellbeing What influences people's choices about spending and saving money? How can people keep track of their money?	Careers, financial capability and economic wellbeing What influences people's decisions about careers?	Physical health and wellbeing How can messages given on food adverts be misleading?	Mental health and emotional wellbeing  Healthy minds What is mental health?
Summer 2	Physical health and wellbeing Food in different cultures Playground ground games from around the world How do we stay safe in the sun? R	Physical health and wellbeing What keeps me healthy? R	Physical health and wellbeing What helps me choose? How can branding affect what foods people choose to buy? R	Physical health and wellbeing What is important to me? How can the media and food adverts affect people's choices? R	Sex and relationship education  How do our bodies change? What is puberty? Own R	Sex and relationship education  How do our bodies change? What is puberty? Own R



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